



Early Learning Centre Community Programs

Fall 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	10am-12pm YMCA Playgroup @ Outflow		10am –12pm YMCA Playgroup @ Nick Nicolle Community Centre			
	10am-12pm YMCA Playgroup @ Outflow		10am-12pm YMCA Playgroup @ Nick Nicolle Community Centre Centre			11:00 am- 2:00pm Big Chef/Little Chef 2nd Sat. of month
	10am-12pm YMCA Playgroup @ Outflow	9:00-11:00 am Gym Time at the Regional Y 3rd Tues. of month	10am-12pm YMCA Playgroup @ Nick Nicolle Community Centre			
	10am-12pm YMCA Playgroup @ Outflow		10am-12pm YMCA Playgroup @ Nick Nicolle Community Centre		6pm - 8:30pm Family Movie Night Last Fri. of month	

Program Descriptions

Please note: You do not have to be a YMCA Member to participate in these programs.

Drop in Playgroups - Join us for Playgroup designed for parents/caregivers and their children ages 0 to 5 years. We will explore crafts, sensory, dramatic play, stories, music, gross motor activities and a snack. Playgroups are held at Outflow (**162 Waterlook Street**) on Mondays and the Nick Nicolle Community Centre (**85 Durham Street**) on Wednesdays from 10 am until 12 pm.

Big Chef/Little Chef - This popular cooking activity is designed for children ages 4 to 8 years and their parents. Families will cook special treats and the program encourages new tastes and fun with food. **Registration is required** and space is limited. Big Chef/Little Chef is held at the YMCA Early Learning Centre on the 2nd Saturday of each month from 11 am until 2 pm. To register for this program, please contact our Early Learning Coordinator at **693-9057** or **I.kierstead@saintjohny.ca**.

Family Movie Day - This is an activity for the entire family! Join us for a family themed movie followed by a craft and a snack. **Registration is required** and space is limited. Family Movie Day is held at the YMCA's Early Learning Centre on the last Friday of each month from 6 pm until 8:30 pm. To register for this program, please contact our Early Learning Coordinator at **693-9057** or **I.kierstead@saintjohny.ca**.

Gym Time at the Saint John Regional Y - Join us each month for a trip to the Saint John Regional Y for Kindergym and an Early Years Swim. This program is for parents/caregivers and their children ages 0 to 5 years. You will have an opportunity to play with different types of gym equipment, activities and obstacle courses designed for physical play as well as a swim! Transportation is provided. **Registration is required** and space is limited. To register for this program, please contact our Early Learning Coordinator at **693-9057** or **I.kierstead@saintjohny.ca**.