



Early Learning Centre Community Programs

Winter 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	10:00am-12:00pm YMCA Playgroup @ Outflow	9:00-11:00 am Gym Time at the Regional Y 3rd Tuesday of month	10:00am-12:00pm YMCA Playgroup @ Nick Nicolle Community Centre			10:00am– 12:30pm Big Chef, Little Chef @ ELC 2nd Saturday of month
	10:00am-12:00pm YMCA Playgroup @ Outflow	9:00-11:00 am Gym Time at the Regional Y 3rd Tuesday of month	10:00am-12:00pm YMCA Playgroup @ Nick Nicolle Community Centre			10:00am– 12:30pm Big Chef, Little Chef @ ELC 2nd Saturday of month
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					6:30pm- 830pm Family Movie Night @ ELC Last Friday of month	

Program Descriptions

Drop in Playgroups

Join us for a Playgroup designed for parents or caregivers and their children ages 0 to 5 years. We will explore crafts, sensory, dramatic play, stories, music, gross motor activities and a snack. Playgroups are held at Outflow (162 Waterloo Street) on Mondays and the Nick Nicolle Community Centre (85 Durham Street) on Wednesdays from 10:00 am until 12:00 pm.

Big Chef, Little Chef

This popular cooking activity is designed for children aged 3 to 7 years and their parents. Families will cook special treats and the program encourages new tastes and fun with food. **Registration is required** and space is limited. Big Chef, Little Chef is held at the ELC on the 2nd Saturday of each month from 10:00 am to 12:30 pm.

Family Movie Night

This is an activity for the entire family! Join us for a family themed movie with a snack. **Registration is required** and space is limited. Family Movie Night is held at the ELC on the last Friday of each month from 6:30 pm to 8:30 pm.

Gym Time at the Regional Y

Join us each month for a trip to the Saint John Regional Y for Kindergym and an Early Years Swim. This program is for parents or caregivers and their children ages 0 to 5 years. You will have an opportunity to play with different types of gym equipment, activities and obstacle courses designed for physical play as well as a swim! Transportation is provided. **Registration is required** and space is limited.

To register for any of the above programs, please contact our Early Learning Coordinator Lacey Kierstead, at 693-9057 or l.kierstead@saintjohny.ca.

***You do not have to be a Member to the Regional YMCA to participate in these programs.**

Please be advised that the dates and times can be changed based on operational needs.

Building healthy communities