



Forest Glen Community Programs

Fall 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	6:00– 8:30pm Soccer	6:00– 8:30pm Dodgeball	6:00– 8:30pm Ball Hockey Bring your own helmet	6:00– 8:30pm Ultimate Challenge	6:00– 8:30pm Dance Bi-Weekly Canteen Open	11:00– 3:00pm Kitchen Creations
	6:00– 8:30pm Board Games	6:00– 8:30pm Creative Creations	6:00– 8:30pm Little Experiments Bi-Weekly	6:00– 8:30pm Lip Sync Battle	6:00– 8:30pm Beyblade Battle (Bi-Weekly), Open Gym & Games	11:00– 3:00pm Drop in Gym Games
	6:00– 8:30pm Pokemon & Yugioh Card Battle Bring your own cards	6:00– 8:30pm Basketball	6:00– 8:30pm Learning “How to…” Bi-Weekly	6:00– 8:30pm Just Dance & Game Night		

Bus available at:

- 14 Roxbury Dr
- 145 Coldbrook Cres (Out back)

Waiver must be signed and parents must be present at pick up and drop off.

Program Descriptions

Ball Hockey

Join fellow youth participants in a friendly game of ball hockey. It's a great way to stay fit and have fun. Teams are made up on arrival and participants referee the games themselves. All skill levels welcome.

Soccer

For Youth ages 5+ to come and enjoy a drop In Soccer program. There will be Y staff to show you some tricks and teach you new skills as well.

Board Games

Enjoy a variety of board games, in our open games room!

Creative Creations

Get creative at the Forest Glen Community Centre with organized crafts!

Kitchen Creations

Learn the basics of cooking and whip up some yummy treats in our interactive cooking class!

Little Experiments

Explore the world of chemistry, and make cool experiments with our staff.

Dodgeball

Duck, dip, dive and dodge the balls coming your way all while trying to eliminate the players on the opposite team. Last one standing wins!

Basketball

Get in the game! Come and join other youths for some friendly basketball. Teams are made up on arrival..

Ultimate Challenge

Your skills and team spirit will be put to the test! Come one, come all as we battle it out over competitions, challenges and races.

Lip Sync Battle

Unleash the Star within you! Pick your favourite song and battle against your friends for the best performance.

Open Gym

The Gymnasium is free to use for recreation.

Dance

Come dance the night away and show off your best moves! Canteen is open with snacks.

Pokémon & Yugioh Card Battle

Bring your own Pokémon/Yugioh playing cards from home to battle your friends in a friendly card game.

Beyblade Battle

Around and around we go! See who will spin the longest without being knocked out of the arena.

Just Dance

Bust a move with our Xbox 360 interaction dancing game! Follow dance moves on a screen to different songs and try to get the highest score.

Game Night

Enjoy a variety of board games, in our open games room!

Drop in Games

Pick your favourite group gym game! (Gym games can include but are not limited to: dodge ball, capture the flag, basketball, tag, freeze dance, 4 corners, etc.)

Learning “How To...”

Learn exciting new skills! Anything from how to juggle to cursive writing.