



# Forest Glen Community Programs

## Winter 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	6:00– 8:30pm <b>Soccer</b>	6:00– 8:30pm <b>Dodgeball</b>	6:00– 8:30pm <b>Ball Hockey</b>  Bring your own helmet	6:00– 8:30pm <b>Ultimate Challenge</b>	6:00– 8:30pm <b>Dance</b>  Bi-Weekly Canteen Open	11:00– 3:00pm <b>Kitchen Creations</b> **Only on weeks that do not have a dance
	6:00– 8:30pm <b>Board Games</b>	6:00– 8:30pm <b>Creative Creations</b>	6:00– 8:30pm <b>Little Experiments</b>  Bi-Weekly	6:00– 8:30pm <b>Lip Sync Battle</b>	6:00– 8:30pm <b>Beyblade Battle</b> (Bi-Weekly), <b>Open Gym &amp; Games</b>	11:00– 3:00pm <b>Drop in Gym Games</b> **Only on weeks that do not have a dance
	6:00– 8:30pm <b>Pokemon &amp; Yugioh Card Battle</b>  Bring your own cards	6:00– 8:30pm <b>Basketball</b>	6:00– 8:30pm <b>Learning “How to...”</b>  Bi-Weekly	6:00– 8:30pm <b>Just Dance &amp; Game Night</b>		

**Bus available at:**

- 14 Roxbury Dr
- 145 Coldbrook Cres (Out back)

**Waiver must be signed and parents must be present at pick up and drop off.**

## Program Descriptions

### **Ball Hockey**

Join fellow youth participants in a friendly game of ball hockey. It's a great way to stay fit and have fun. Teams are made up on arrival and participants referee the games themselves. All skill levels welcome.

### **Soccer**

For Youth ages 5+ to come and enjoy a drop In Soccer program. There will be Y staff to show you some tricks and teach you new skills as well.

### **Board Games**

Enjoy a variety of board games, in our open games room!

### **Creative Creations**

Get creative at the Forest Glen Community Centre with organized crafts!

### **Kitchen Creations**

Learn the basics of cooking and whip up some yummy treats in our interactive cooking class!

### **Little Experiments**

Explore the world of chemistry, and make cool experiments with our staff.

### **Dodgeball**

Duck, dip, dive and dodge the balls coming your way all while trying to eliminate the players on the opposite team. Last one standing wins!

### **Basketball**

Get in the game! Come and join other youths for some friendly basketball. Teams are made up on arrival..

### **Ultimate Challenge**

Your skills and team spirit will be put to the test! Come one, come all as we battle it out over competitions, challenges and races.

### **Lip Sync Battle**

Unleash the Star within you! Pick your favourite song and battle against your friends for the best performance.

### **Open Gym**

The Gymnasium is free to use for recreation.

### **Dance**

Come dance the night away and show off your best moves! Canteen is open with snacks.

### **Pokémon & Yugioh Card Battle**

Bring your own Pokémon/Yugioh playing cards from home to battle your friends in a friendly card game.

### **Beyblade Battle**

Around and around we go! See who will spin the longest without being knocked out of the arena.

### **Just Dance**

Bust a move with our Xbox 360 interaction dancing game! Follow dance moves on a screen to different songs and try to get the highest score.

### **Game Night**

Enjoy a variety of board games, in our open games room!

### **Drop in Games**

Pick your favourite group gym game! (Gym games can include but are not limited to: dodge ball, capture the flag, basketball, tag, freeze dance, 4 corners, etc.)

### **Learning “How To...”**

Learn exciting new skills! Anything from how to juggle to cursive writing.