



Lifesaving Instructor Course Outlines

February 24th – 26th

Instructor: Sarah Elliot

Course Location: YMCA of Greater Saint John

Questions: Please contact call (506-462-3000 ext.108) or e-mail (sarah.elliott@ymcafredericton.org)

Course Material: Canadian Lifesaving Manual 2015, Lifesaving Instructor Course Package 2015

Friday FEB. 24TH 5:00 – 9:00 pm <i>Lifesaving Instructor Course</i>	Classroom:	5:00 – 8:30	Chapter 1: Introductions Chapter 2: Lifesaving Society Chapter 8: Responsibility and Safety Chapter 5: Teaching Strokes
	Pool:	8:30 – 10:00	Course Skills Screening Stroke skills Demonstrate how to setup a Rescue
Saturday FEB 25th 9:00 am – 6:00 pm <i>Lifesaving Instructor Course</i>	Classroom:	9:00 – 12:00	Chapter 3: Learning and Teaching Chapter 4: Planning
		12:00 – 1:00	LUNCH
	Pool:	1:00 – 3:00	❖ Lifesaving Skill Peer Teach 1 ❖ Lifesaving Skill Peer Teach 2
	Classroom:	3:00 – 6:00	Chapter 6: Teaching Water Rescues Chapter 7: Teaching Resuscitation and First Aid CPR Skills ❖ Lifesaving Knowledge Peer Teach 1
Sunday FEB 26th 9:00 am – 6:00 pm <i>Lifesaving Instructor Course</i>	Pool:	8:00 – 10:30	❖ Water Rescue Peer Teach 1 ❖ Water Rescue Peer Teach 2
	Classroom:	10:30 – 11:30	❖ First Aid Peer Teach 2
		11:30 – 12:30	LUNCH
	Classroom:	12:30 – 2:00	Chapter 9: Evaluating the Canadian Lifesaving Program Chapter 10: Final Evaluations
<i>Examiner's Standards Clinic</i>	Classroom:	2:00 – 6:00	Co-Examiners Roles and Responsibilities Policies, Procedures, and Resources Planning the Exam conducting the Exam Using the Evaluation Standards Evaluation Methods Closing Session

Please note:

- Attendance is MANDATORY!
- All assignments must be completed to the instructor's satisfaction by completion date
- If you have any questions, please do not hesitate to contact me (**CANDIDATES ONLY**)
- This outline is subject to change